

Saskatoon Child-Friendly

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Studies released earlier this fall indicate that urban sprawl takes a toll on children's health.

The Vanier Institute of the Family cites that because everything is so spread out, children are driven everywhere.

Spokesperson Katherine Scott explains the way cities are built actively discourages walking and biking among children.

Urban planner, Juan Torres, from the University of Montreal, says children gain a sense of independence and can better understand the concept of common space when they can navigate themselves outside.

Saskatoon is one of only a few cities in Canada that have organizations advocating for children when it comes to urban planning.

President of Child and Youth Friendly Saskatoon, Robin Mitchell, says their goal is to foster and promote a child-friendly community, and to create responsible citizens by teaching children to get involved in their community.

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